

POLE TWIST TIMETABLE

Please note the timetable is updated regularly so please keep checking for new dates or email me to book your course at ricia@poletwist.co.uk

Class	Time	Cost	Where	Day	Dates
kids Hoop (Beginners welcome)	6pm - 7.pm	£60	Dance Junction Rochester	Monday	5 weeks - Ricia
Mixed Level Pole (beginners welcome)	7.15 - 8.15	£75	Dance Junction Rochester	Monday	5 weeks - Ricia (Tasters Available)
Kids Circus Skills	6.pm - 6.55pm	£60	Ismini Phillips Studios Tonbridge	Tuesday	5 weeks - Ricia
Aerial Hoop Advanced	7.30 - 8.30	£75	Tigers Gymnastics Tonbridge	Tuesday	5 weeks - Ricia (Tasters Available)
Aerial Hoop Beginners only *	8.30 - 9.30 * Improvers welcome	£36	Tigers Gymnastics Tonbridge	Tuesday	3 weeks - Ricia
Aerial Hoop Intermediate	8.30-9.30	£75	Tigers	Tuesday	5 weeks - Ricia
Pole Advanced	7pm - 8pm	£75	Ismini Phillips Studios Tonbridge	Thursday	5 weeks - Ricia
Pole Beginner/Improver	8.05pm - 9.05pm	£60 for first 2 courses	Ismini Phillips Studios Tonbridge	Thursday	5 weeks - Ricia
Aerial Hoop Kids only Age 6-10	6.35pm - 7.20pm	£60	Tigers	Friday	5 weeks (week course) 50% deposit to secure place
Aerial Hoop Kids Only Age 10-16	7.20pm - 8.15pm	£60	Tigers	Friday	4 week course) 50% deposit to secure place
Adult Aerial Skills	8.25pm - 9.25pm	£75	Tigers	Friday	5 weeks - Ricia

PRIVATE LESSONS AVAILABLE IN SEVENOAKS 1-2-1 = £35 Contact Ricia for Dates