

POLE TWIST TIMETABLE

Please note the timetable is updated regularly so please keep checking for new dates or email me to book your course at ricia@poletwist.co.uk

Class	Time	Cost	Where	Day	Dates
kids Hoop	6pm - 7.pm	£60	Dance Junction Rochester	Monday	4 weeks - Ricia
Mixed Level Pole	7.15 - 8.15	£60	Dance Junction Rochester	Monday	4 weeks - Ricia
kids Hoop Age 6+	5.45 - 6.30pm	£50	Tonbridge Rugby Club	Tuesday	4 weeks - Ricia
Aerial Hoop Teen/Adult	6.45-7.30pm	£50	Tonbridge Rugby Club	Tuesday	4 weeks - Ricia
Aerial Hoop Adult	7.45 - 8.30pm	£50	Tonbridge Rugby Club	Tuesday	4 weeks - Ricia
Aerial Silks (& other skills) Adult	8.45pm - 9.30pm	£50	Tonbridge Rugby Club	Tuesday	4 weeks - Ricia
Pole All levels	6pm - 6.50pm	£55	Sevenoaks Home Studio	Thursday	4 weeks - Ricia
Pole All levels	7pm - 7.50pm	£55	Sevenoaks Home Studio	Thursday	4 weeks - Ricia
Pole All levels	8pm - 8.50pm	£55	Sevenoaks Home Studio	Friday	4 weeks - Ricia

PRIVATE LESSONS AVAILABLE IN SEVENOAKS 1-2-1 = £35 Contact Ricia for Dates